

Public Service Announcement

April Oral Health Month 2025

Start Date: March 28, 2025

End Date: April 30, 2025

Nunavut-wide

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The Department of Health would like to remind Nunavummiut that April is Oral Health Month. This month celebrates the important connection between daily toothbrushing and overall health.

On April 1, 2025, the Oral Health Program opens the Nunavut Regional Toothbrushing Challenge to all children under 18. Parents, caregivers, teachers and principals are invited to challenge a child to brush twice a day for two minutes, talk about the importance of daily brushing your teeth, and participate in fun oral health activities throughout April.

At the end of April Oral Health Month, three winners in each region will receive prizes from a random draw. Nine winners stand a chance at one of the following prizes:

- Laptop.
- Tablet.
- Wireless headphones.

The Children's Oral Health Program is committed to providing dental services and resources to help maintain healthy smiles in Nunavut.

To participate in the Nunavut Regional Toothbrushing Challenge, visit the [Government of Nunavut's oral health page](#).

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